

## FOOD FOR THOUGHT #7

For I know the thoughts that I think toward you, saith the Lord, thoughts of peace and not of evil, to give you and expected end. (Jeremiah 29:11)

It is absolutely amazing to think that as mere human beings, the God of this universe has thoughts concerning us. Not only does he have thoughts concerning us, but the bible says that those thoughts are thoughts of peace and not of evil and that he has plans to give us a future filled with hope and expectations.

Therefore, when we begin to have doubts about our future, remember that the one who holds the future, has our future in his hands and because of that, we can face the future with confidence.

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