## FOOD FOR THOUGHT (Week 24)

Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths. (Proverbs 3:5-6)

The word ALL is significant in these two verses because ALL includes everything, and excludes nothing. In order for us to have peace and divine guidance in our lives, we must trust God completely. When you trust him with all your heart, that means there is no room for doubt and unbelief.

Trust is defined as complete confidence in the character and ability of another. Therefore, to trust God with ALL your heart means that you trust him with your life, your health, your family and everything that pertains to you. You believe that no matter what the situation is, that all things will work together for good because you trust God. Having that type of trust in God will always ensure victory.

Trust Him with ALL your heart!!!

By: Deborah A. Rolle