

## FOOD FOR THOUGHT

It is of the Lord's mercies that we are not consumed, because his compassions fail not. They are new every morning: great is thy faithfulness. (Lamentations 3: 22, 23)

One of the missing ingredients in the Body of Christ today is compassion. Compassion is defined as: Sorrow for the sufferings or trouble of another or others, accompanied with an urge to help.

As we look around us today we see so many things such as poverty, hunger, disease and homelessness, just to name a few. We look and shake our heads and talk about "how bad things are." We have the sorrow for others, but unfortunately it is not accompanied with an urge to help. When you are a person of real compassion, you are willing to go to great lengths, when possible, to help alleviate the sufferings or trouble of others.

On several occasions in the Bible, we see the words, "and Jesus was moved with compassion." As Christians, let us be imitators of Christ by going that extra mile as God blesses us with golden opportunities to sow good seed in the life of others. **REMEMBER:** We are blessed to be a blessing!

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